

## **Sidney Possick, M.D., P.A.**

### **Instructions for the care of site after Cryosurgery.**

1. If the area blisters up, and if the blister is not bothersome do nothing, Mother Nature will heal the site. If the blister is bothersome apply tepid (room temperature) water compress for 5 to 10 minutes, 2-3 times a day for 3-5 days. If a large bothersome blister develops, you may pop it open with a clean needle.
2. If the site gets sore or crusted, apply POLYSPORIN ointment (available without a prescription), 2-3 times a day to the area.
3. If the freezing is done around the eye area, you may have a considerable amount of swelling. Use a cold water compress for 5-10 minutes, 2-3 times a day for 3-5 days.